

# Kitchen and Dining

# **OVERVIEW**

Kitchens are complicated spaces with many varied activities and usage requirements. The kitchen needs to support many appliances and accommodate different tasks, conversations, cooking and cleanup.



"INTER ACTIVE LIVING" ARCHITECT: TIMOTHY GARGIULO

# UNIVERSAL DESIGN FOR KITCHEN AND DINING

These varied tasks and the differences between cooking preferences require flexibility and options in kitchen design.

Optimally, include work surfaces at different heights (between 32 inches and 42 inches) so that children, adults, aging adults and seated persons can work effectively and comfortably. A raised dishwasher eases loading and unloading for a wide range of users.

Storage should be accessible, not just in cabinets with doors. A good option is pull-out shelves and drawers in base cabinets. Open wall shelving makes finding stored items easy.

Finally, a good blend of natural and artificial lighting in the kitchen is especially important. Always include additional task lighting whether above counter surfaces or under cabinets.

# Home Today, Home Tomorrow Universal Design Toolkit

# For Home Owners



# About the toolkit

### **DESIGN CHALLENGE**

The features included in this Toolkit were selected from submissions to the Home Today, Home Tomorrow Design Challenge competition (watch the videos below for more on the competition and the winning design). The judges of the competition selected features that they felt were interesting and innovative and that could provide inspiration for designers, architects and homeowners. The Toolkit is not all inclusive of every universal design feature or practice, but rather those interesting features submitted as part of the competition. Also, many of the features have corresponding cost and difficulty assignments as well as how-to tips. These are intended to provide general direction; further exploration and execution will be necessary.

### **GOALS FOR THE TOOLKIT**

Every American should have access to affordable, livable, and healthy housing. Make Universal Design a reality for more Americans. Seed ideas that are scalable and help organizations, real estate practitioners, and low- and moderate-income households recognize that universal design can be a reality for them.

### REPLICABILITY

While we don't expect everyone to renovate their entire home using universal design, we know that many of the features included can be adapted to many different renovation projects. Individual households may be interested in the graded yard, the step free route to the deck, an outdoor deck that is the same level as the first

floor, the entrance weather protection, door hardware, interior doors, short, wide hallways, convenient laundry, curbless shower, spacious bathroom, kitchen conveniences, and more. Pick the part of the house that you want to work on and look at what we've done for inspiration.

# **Universal Design Principles**

# **Principle 1: Equitable Use**

The design is useful and marketable to people with diverse abilities.

# **Principle 2: Flexibility in Use**

The design accommodates a wide range of individual preferences and abilities.

# **Principle 3: Simple and Intuitive**

Use of the design is easy to understand, regardless of the user's experience, knowledge, language skills, or current concentration level.

# **Principle 4: Perceptible Information**

The design communicates necessary information effectively to the user, regardless of ambient conditions or the user's sensory abilities.

# **Principle 5: Tolerance for Error**

The design minimizes hazards and the adverse consequences of accidental or unintended actions.

# **Principle 6: Low Physical Effort**

The design can be used efficiently and comfortably and with a minimum of fatigue

# Principle 7: Size and Space for Approach and Use

Appropriate size and space is provided for approach, reach, manipulation, and use regardless of user's body size, posture, or mobility.